WHAT GOES INSIDE

What goes inside, and what it costs. Preliminary US planning estimates, not vendor quotes.
Own the basics. Refer out the rest.

Levels 0 and 1 · Virtual
A telehealth setup and software. Ship home kits and wearables. Use partner labs and imaging centers.

Tier 1 · Physician-owned practice
Your first in-person practice (Level 2). Own the basics, refer out DEXA, VO_2 max and imaging.
$30,000 to $60,000

Tier 2 · Local clinic
Tier 1 plus in-house diagnostics: DEXA, VO_2 max, retinal camera, force plates. Add by specialty.
$110,000 to $205,000

Tier 3 · Flagship center
The state-of-the-art center (Level 3). Every assessment on site, plus CT, MRI or both.
$650,000 to $4 million+

EQUIPMENT	PRICE RANGE	TIER 1 Practice	TIER 2 Local clinic	TIER 3 Flagship center
CORE CLINICAL				
☐ Exam tables and lights	$3K to 10K	●	●	●
☐ Vitals and ECG	$3K to 8K	●	●	●
☐ Bioimpedance body composition	$5K to 20K	●	●	●
☐ Grip dynamometer and movement tools	Under $1K	●	●	●
☐ Blood-draw station and centrifuge	$1K to 3K	-	●	●
☐ Medication fridge with temperature log	$1K to 4K	-	●	●
☐ Emergency kit and AED	$2K to 5K	●	●	●
TECH AND SOFTWARE				
☐ Telehealth room: camera, mic, lighting, display	$2K to 10K	●	●	●
☐ EMR, scheduling and billing software	$4K to 10K a year	●	●	●
☐ Cognitive testing software	$1K to 5K a year	○	●	●
☐ Patient portal and remote monitoring	$2K to 10K a year	○	●	●
☐ Exam-room screens for results review	$1K to 3K per room	○	○	●
☐ Imaging viewer and storage (PACS)	$5K to 25K a year	-	-	●

EQUIPMENT	PRICE RANGE	TIER 1 Practice	TIER 2 Local clinic	TIER 3 Flagship center
EXPANDED ASSESSMENT				
☐ DEXA, refurbished	$30K to 45K	-	●	●
☐ VO_2 max: metabolic cart, mask and treadmill	$40K to 80K	-	●	●
☐ Eye: retinal camera, vision, tonometer, OCT	$5K to 90K	-	●	●
☐ Force plates: strength, power, balance	$5K to 15K	○	●	●
☐ Gait analysis camera system	$5K to 50K	-	○	●
☐ Ultrasound: carotid, cardiac, MSK, pelvic	$10K to 80K	-	○	●
☐ Hearing: audiometer and sound booth	$3K to 25K	-	○	●
☐ Spirometer	$1K to 5K	-	○	●
☐ Dermatoscope and skin imaging	$2K to 25K	-	○	●

● Included ○ Optional, by specialty Budgets exclude the modalities room, real estate, build-out and service contracts.

Price the room, the machine and the team together, including service contracts, software and staff.

BEFORE YOU BUY

EQUIPMENT	PRICE RANGE	TIER 1 Practice	TIER 2 Local clinic	TIER 3 Flagship center
ADVANCED IMAGING				
☐ CT scanner, refurbished	$150K to 400K+	-	-	●
☐ MRI, refurbished to new	$300K to 3M+	-	-	●
☐ 3D mammography	$100K to 500K	-	-	○
☐ Shielding, electrical, installation	$50K to 500K	-	-	●
MODALITIES ROOM, OPTIONAL AT ANY TIER				
☐ Clinical hyperbaric chamber (HBOT)	$51K to 120K	○	○	○
☐ Therapeutic plasma exchange (TPE)	$40K to 120K	○	○	○
☐ Infrared sauna with red light	$5K to 25K	○	○	○
☐ Cryotherapy, vibration plate	$5K to 100K	○	○	○
☐ Skin lasers: IPL, fractional, RF, HIFU	$50K to 200K	○	○	○
Equipment budget		**$30K to 60K**	**$110K to 205K**	**$650K to 4M+**

● Included ○ Optional, by specialty Budgets exclude the modalities room, real estate, build-out and service contracts.

CHECK BEFORE YOU SIGN

- ☐ A CT starts at about $150,000 refurbished. Installation is often extra.
- ☐ An MRI starts at about $300,000 refurbished and can pass $3 million new. Add an imaging viewer and storage (PACS).
- ☐ Check state registration rules before you sign. Some states require a certificate of need for CT or MRI.
- ☐ Wellness chambers are a separate category from clinical HBOT. Check FDA clearance before you buy.
- ☐ TPE and stem cells need their own clinical and regulatory review. FDA warns that many regenerative products are unapproved and carry serious risks.

BEFORE YOU BUY, JUSTIFY EACH PIECE OF EQUIPMENT

TEST	WHAT TO JUSTIFY	YES	NO
Safe	Cleared for this use, and your team can run it safely.	☐	☐
Evidence	Good data supports the indication.	☐	☐
Outcomes	The result changes management or improves outcomes.	☐	☐
Value	Realistic volume covers the full cost, and owning beats referring out.	☐	☐

EQUIPMENT _____ QUOTE _____

OUTSIDE THE US

Imaging rules change the most by country. In many markets, CT and MRI sit with hospitals and licensed imaging centers, so partnering is the default. Check registration rules for DEXA and hyperbaric with your regulator before you order.

Equipping a practice? Club members have bought, leased and returned most of these machines, and can tell you which ones earn their space.

Apply to the Club · longevitydocs.org/pages/membership